



### **Small Group Coaching Guidelines**

1. Please read, sign and return the Coaching Agreement form, to ensure understanding of the procedures and processes in small group coaching. The monetary terms will be provided by the Life Coach, Joan Munro.
2. The duration of the small/focus group coaching will be for 2 - 3 months. This commitment is essential for the benefit of all participants. Each person is key to the success of the small group. Please set time aside for any activity required before and after the group coaching sessions.
3. **Confidentiality** is critical for the safety and welfare of all involved. By agreeing and promising not to violate confidentiality, we can move forward individually, and as a group with a common focus and goal.
4. If there is a family emergency or crisis that prohibits your full participation, please call Joan immediately at (610) 539 - 1313. All small group coaching sessions will be conducted using Zoom.
5. Your feedback is very important to me! Please complete the Participant Reflection form *after* the final group session. Return to Joan at [forwardstepsinlife@gmail.com](mailto:forwardstepsinlife@gmail.com). Feel free to share new group topics!



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